

ANTISTRESS®



Composition: 1 capsule **Antistress®** contains:

rootstocks and roots of medicinal valerian (Valeriana officinalis) – 50 mg; hop cones (Humulus lupulus) – 40 mg; leaves of medicinal melissa (Melissa officinalis) – 40 mg; apex of cardiac canine nettle blossoming stems (Leonurus cardiaca) – 30 mg; inflorescences and apex of spike lavender stems (Lavandula angustifolia) – 30 mg; common heather twigs with flowers (Calluna vulgaris) – 20 mg; peony root (Paeonia anomala) – 15 mg; weed and rootstocks of marsh hoarhound (Lycopus europaeus) -15 mg; medicinal clover blossoming stems (Meliolus officinalis) – 10 mg.

Therapeutic indications:

Antistress® is recommended as a dietary supplement, as part of a healthy nutritional diet, for the normalization of functional nervous conditions. **Antistress®** is recommended as a preventative supplement for individuals exposed to psychological and physical overload, chronic stress and insomnia.

Administration and recommended daily dosage:

Adults: 1-2 **Antistress®** capsules 1-3 times daily after meals; *for insomnia* – 2-3 **Antistress®** capsules 3 hours before sleep for 1-2 months. Please consult your physician before administration.

Contraindications:

Individual intolerance to the product components.

Storage conditions:

Store in a clean, dry room at a room temperature not exceeding 20° C, protected from light.

Manufacturing date and shelf-life:

The shelf life of **Antistress®** is 24 months from the date of manufacture; see product package for the expiry date.

Additional information:

Continuous exposure to psychological stress may lead to nervous disorders, cardiovascular disorders, gastro-esophageal reflux or ulceration, gastrointestinal ulceration and hypertension.

Antistress® was developed to help minimize the negative impact of stress on the human body.

Antistress® was formulated through extensive scientific development, offering a thorough understanding of the requirements for a multipurpose phytocomplex that is milder compared to other sedative agents. **Antistress®** has been proven to be effective through well designed, placebo-controlled clinical studies as well as years of extensive clinical experience.

The primary effects of Antistress® are:

- Moderate sedative effects
- Reduced feelings of irritability, anxiety and fear
- Normalization of nervous system functions and improved sleep
- Increased attention span and concentration

Antistress® is especially effective during periods of nervous tension and stressful situations. **Antistress®** administration is not accompanied by a reduction in reaction time or drowsiness so that it can be used during work-related activities including the operation of motor vehicles.

Additional information:

Phone: 380 (44) 454-0-100

or visit our website www.nutrimed.ua

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Not a medical product